

Foxfire Consulting Service & Fee Schedule

Effective 8/08

Coaching / Consulting

*Combining neuroscience and energy techniques with a creative approach, this work helps you discover ways to rekindle your passion for life.....and live it to the fullest! Whether you just want to “fine tune” a few things or need to release blocks to success that may be in the form of limiting habits, issues or beliefs, coaching helps you find fresh perspectives that lead to creating healthy strategies so you are consciously creating the life you want to live. Available in person in the Foxfire office (Warrenton, Virginia) or over the phone. **\$ 100 per hour***

Discover Your Life Purpose \$ 250 (up to three hours)

Initial Business Analysis \$ 250 (up to three hours)

Tap into your unconscious and discover your life purpose through a guided meditation as you glimpse the future you can create for yourself. Both of these packages begin with this guided meditation.

If you chose the DISCOVER YOUR LIFE PURPOSE package, the remainder of this extended session will be used to assist you in reprogramming limiting beliefs. Additional resources may be suggested as appropriate for your specific needs.

If you chose the INITIAL BUSINESS ANALYSIS, the three hours session time will include prior review of your marketing materials and completed Foxfire information form. After the guided meditation, you'll leave with a draft marketing plan as well as strategies and suggestions for implementation.

Watch the Foxfire Website for Upcoming Group Coaching Classes!

Training

*Foxfire currently offers training in a variety of business and energy topics including: Spiritual Marketing; Meditation: Good for You, Good for the Bottom Line; Basic Customer Service Skills; Energize Your Thoughts, Energize Your Business; Understanding Gender & Generational Differences; Tips for Public Speakers; Handling Difficult Customers; Usui Reiki I, II, III * MASTER/Teacher; Magnified Healing and Communicating with Angels. Other topics available by request. Training is priced for individual, group and corporate sessions. Watch website for public schedule or call for specific pricing.*

Energy Work

\$ 100/ hour Reiki, NLP and ThetaHealing™

ThetaHealing™

ThetaHealing™ is an energy method used by a trained practitioner to give intuitive readings and reprogram limiting beliefs as well as assist with physical and emotional healings. Theta Healing works with unconditional love and the Universal Life Force Energy.

Reiki

Reiki is a Japanese method of hands on energy work that releases stress and also promotes mental, emotional and physical healing.

Reiki I, Reiki II and Reiki Master/Teacher classes are available.

NLP

NLP (neuro linguistic programming) is a technique to tap into the subconscious and release limiting habits, issues or beliefs that prevent you from making positive changes in your life. NLP can be an effective method for helping people overcome fears (such as fear of flying, insects or public speaking) stop unwanted habits (like smoking or overeating) as well as healing relationships and physical issues such as allergies.

For additional information, contact Diane Haworth at (540) 222-0196 or by email at contact@foxfireconsulting.com Visit us on the web at www.foxfireconsulting.com